

Monthly newsmagazine celebrating diversity and dances of the human spirit

October 2008

# **Seeing** Beauty

ROUGH THE PAIN Ryan Olson's adventure in The Gambia, Africa



Profile of partnership & courage Murphy & Susan

Interview with Ryan Olson



# How Do We Become **Out**?

ay, if you think you're out, just how *out* are you? To your family? With straight friends? At work? To your health care providers? To the stranger who uttered an anti-queer remark? At your child's school

October 11th is annual national Coming Out Day. But as many of us know, coming out is not a one-time event; it's a balancing act. Coming out is an ongoing practice in the life of virtually every GLBT person. There can be many stages in coming out, and most of us begin that process time and time again. It is not simply telling your parents, joining a queer organization, or falling in love with someone of the same sex. Coming out has to do with the way we perceive ourselves, with how we deal with our sexualities, how we structure our lives, and how we present ourselves to our families, to our friends, and to the world. It is a life long process, where we constantly deal with the acceptance and integration of our sexual identity and sexual

orientation within a sometimes repressive and hostile society.

Here it is, time to celebrate Coming Out Day again and many times the world still isn't accepting enough of lesbian, gay, bi, and transgender people for us to come out, be out, and stay out. The reality is some of us are fired from our jobs, evicted from our apartments, lose custody of our kids, or assaulted simply because of whom we are romantically attracted to.

Beth House MSW, a Spokane therapist, stated, "The decision to come out is always a personal issue. Whether to come out, and if so, when, where, how, and to whom, are all questions each person must answer as an individual. Taking control

two mothers on the registration form must be a mistake? When you and your partner check into a hotel and discover they have given you twin beds, do you come out to them?

when the secretary believes listing

of this process means being aware in advance of potential ramifications, so that you can be proactive. Coming out may be one of the most difficult tasks lesbian, gay, bi, and transgender people confront, but it is also one of the most rewarding."

Most of us have probably felt the lump in our throat and butterflies in our stomach when we are confronted with another opportunity to set the record "queerly forward" about someone's misperception of our sexual identity. So, what if we decide to stay in the closet where it is safe (albeit dark and lonely)?

Interestingly, research suggests that there really can be negative

Coming Out continued on Page 14

# **Oview** northwest Spokane Edition

A monthly news magazine celebrating diversity & dances of the human spirit

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# DEDICATION

This issue is dedicated to a certain kindred spirit in our community who, while insisting on anonymity, saw to it that Q View Northwest relaunched on firm footing.

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# Writers

Freelance writers sharing ideas and information from a diversity point of view. Please see page 31 for details.

# Calendar & Resources Editor - Spokane

Work from home and manage your own time while keeping our community in the know. You'll add, edit, maintain and verify accuracy of listings found on the Calendar and Resources page. Must be competent with MS Word, Excel, email, and have internet access. \$13/hr, approximately 2 hours a month to start.

# Q View is Hiring

# **Distribution - Spokane**

Have 5 hours to spare at the end of each month? Think you'd enjoy managing your own delivery schedule? Drop us a line! We need someone diligent & enthusiastic to deliver Q View papers to Spokane city-wide distribution points. Must have valid drivers license and insurance. You'll also need to be proficient in MS Excel, email, have access to the internet, be meticulous at maintaining delivery logs and managing delivery fluctuations. \$15/hr.

Interested? Drop us an email at mail@qviewnorthwest.com

# **Solution** Who will best represent our community?

Citizens Advancing Equality (CAE-PAC), a political action committee serving the local GLBT community since May 2007, has released its ratings and endorsements of candidates for the 2008 election. Eight candidates completed and returned CAE-PAC questionnaires out of 28 sent. Two candidates who returned questionnaires and interviewed with CAE-PAC were not endorsed, while two candidates who did not return questionnaires received endorsements based upon their votes in the legislature, according to Dean Lynch, CAE-PAC Chair. CAE-PAC also made campaign contributions to four endorsed candidates.

CAE-PAC did not make an endorsement in each of the Legislative District and Spokane County Commissioner races. CAE-PAC did not receive questionnaires from several candidates, both incumbents and challengers, however the voting record of the incumbents has demonstrated resistance &/or hostility to the causes CAE-PAC champions.

"We encourage informed voting based upon publicly available information." Lynch states, "Based on this, in the races for 4th LD State Senate; 4th LD House of Representatives, Position 2; 9th LD House of Representatives, Position 1; and Spokane County Commissioner, District 2 informed voters should consider voting for Judi Owens, Tim Hattenburg, Kenneth Caylor and Brian Sayrs respectively."

3rd Leg	islative District Senate:	
Lisa Brown	A-Demonstrates Leadership	Endorsed
3rd Legislative D	istrict House of Representat	ives:
Alex Wood, Position 1	B-Exceeds Expectations	Endorsed
Timm Ormsby, Position 2	B-Exceeds Expectations	Endorsed
4th Legislative D	District House of Representativ	′es:
Linda J Thompson, Position 1	<b>B-Exceeds Expectations</b>	Endorsed
6th Legislative D	istrict House of Representat	ives:
Don A Barlow, Position 1	A-Demonstrates Leadership	Endorsed
John F Driscoll, Position 2	C-Meets Expectations	Endorsed
9th Legislative D	istrict House of Representat	ives:
Tyana Kelly, Position 2	C-Meets Expectations	Endorsed
Spokane Cou	Inty Commissioner District 1	:
	A-Demonstrates Leadership	Endorsed

Here's how CAE-PAC lineup of official endorsements did pan out:

# How the **endorsements** were compiled, in CAE-PAC's words

Questionnaires were sent to all candidates running for the offices of State Senate and House of Representatives for the 3rd, 4th, 6th, 7th and 9th Legislative Districts and the two Spokane County Commissioner positions. The questionnaire addressed such issues as the importance of equal rights legislation among candidates' priorities.

A committee was appointed to carefully review the candidates' responses. Most candidates who returned a questionnaire also subsequently participated in an interview conducted by a different appointed committee. Both committees made independent recommendations of candidate ratings and reported their conclusions to the CAE-PAC board of directors. In addition to the two committees' recommendations, the board of directors considered any publicly known information about the candidates. After thorough deliberation, the board determined CAE-PAC's final ratings and endorsements. Monetary contributions were determined based upon the candidates' contribution to the community, rating and campaign needs.

Citizens Advancing Equality recognizes the importance of

electing leaders who not only exhibit tolerance of people who identify themselves as GLBT or questioning, but also embrace all people as valuable citizens of the greater Spokane community. To that end, CAE-PAC provides the GLBT community—and the public at large—with comprehensive information to assist voters in deciding which candidates, if elected, will most likely be supportive of the GLBT community.

The ratings, endorsements and questionnaires can be viewed at the CAE-PAC website, www. CitizensAdvancingEquality.org.



# Log Cabin Republicans ould Disband



However, the rationale for this organization has significantly eroded, as the GOP has shown itself to be corrupt, inept and incapable of good governance. It has become the party of cronyism, debt and diabolical deceit, while securing its power by enthusiastically pandering to its anti-gay base.

With the stock market plummeting, the real estate bubble bursting, the deficit exploding and gas prices breaking new records -largely thanks to Republican deregulation of markets and failure to explore alternative energy sources - the myth of Republican economic responsibility has been fatally punctured.

Log Cabin Republicans also justify their party choice on grounds of national security. But, in eight years of mostly Republican rule, America has grown weaker. Our military is stretched thin, we are still bogged down in the bloody money pit of Iraq, Russia is resurgent, and Osama remains free in the same lawless Pakistani border where Al-Qaeda is plotting. Indeed, the 9-11 attacks took place with Republicans in power, including a president who failed to take seriously reports that an attack on America was imminent.

Based on this abominable record, gay Republicans can no longer say that their party's performance on other matters overrides its unyielding opposition to GLBT equality. Between the sullying

By Wayne Besen

Until now, I have always thought there was a place for the Log Cabin Republicans within the GLBT movement. There was a need for a group that could advocate from inside the belly of the beast and do the dirty work that few intellectually honest people wanted to do. The logic behind this organization was that it made more sense to fight for the soul of the Republican Party than run away and support the Democrats -- which members of this organization have traditionally disagreed with on fiscal and national security matters.

> of America's reputation abroad and the divisiveness on social issues at home, there is no reason that securing GLBT rights should not be the primary focus of Log Cabin Republicans. The choice they present between our equality and the safety and prosperity of this nation has proven itself false.

The final logic for Log Cabin was that it could create "Big Tent" Republicanism by nurturing friendly Republicans who could transform the party. Unfortunately, this election cycle shows that instead of changing the GOP, it is the "supportive" politicians who reinvent themselves to appeal to social conservatives.

Log Cabin continued on Page 18

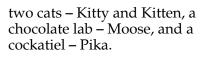
# the elle word 'Wife Swap' This!

By Danielle Loparco

My fiancée and I are TV junkies. We need TV as much as Janis Joplin needed heroin. Lucky for us, TV doesn't have quite the same lethality. Two of our favorite guilty pleasures are "Wife Swap" and "Trading Spouses." Shows that reveal the eccentric behaviors people develop in a comfortable setting and what happens when they are forced to live in an opposite environment. What's more entertaining than examining strangers' quirks and craziness? I can't think of a single thing.

Although, watching these zany shows has caused us to reflect on our own seemingly weird and unusual habits. What started out as carefree entertainment has turned into a catalyst for introspection and paranoid selfexamination. It doesn't help our plea for sanity that we now call out 'Wife Swap' when we realize we've just done something that outsiders would point and laugh at. My, how the tables have turned.

As we've watched the shows, we've also tried to figure out what kind of family we'd be swapped with. My guess is a very conservative, wildlife killing family; given the fact that our house could easily be mistaken for a small petting zoo; boasting



After compiling a list of all our 'Wife Swap' moments, it seems that many of them are in fact, animal related. Often times we converse with our pets, giving them the voices we imagine they would have. This has gone so far as my fiancée voicing, "I love you, Ma," for Kitty and then without a pause, looking at me and saying, "I love it when he calls me 'Ma.'" Then there are the times we share our corncobs with Kitty, put Vaseline on Moose's rough paws, push Kitty around in a box (and yell out, "boxride!"), conspire to dress up Pika as a seagull for Halloween, and carry Kitty around to sniff places



in the house that he can't reach.

We are fully aware that none of these behaviors are normal, nor are they considered acceptable to a majority of the general public. Nevertheless, we are suckers for anything that makes us say, "Awww."

Don't change the channel; our insane stained laundry has not been completely aired. We are obviously creative when it comes to social interactions; and by creative, I mean ridiculously crazy. For instance, I have the hindering gift of not being able to explain myself without alluding to a scene from a movie or TV show. Case in point – what

Wife Swap continued on Page 13

While traveling on a dirt road from Banjul to Bwiam, children gather around a camera with Ryan Olson.

# Seeing Beauty THROUGH THE PAIN

# Ryan Olson shares his experience in The Gambia, Africa

By Ryan Olson | Edited by Danielle Loparco Photographs by Ryan Olson

just returned from one of the most challenging, rewarding, inspiring, depressing, hopeful, and tragic experiences of my life.

I journeyed to Africa, where I went through some very hard times, which in turn were some of the most beautiful moments of my life.

A week before I left, I learned the penalty for homosexuality in Gambia is death by beheading. I didn't plan on having any relations there, but the possibility of being found out really did scare me. There were also the usual fears and myths of African people that are completely unfounded, yet institutionally promoted and ingrained within my psyche.

The thought of living in poverty with hardly anything to eat and being surrounded by inescapable bugs and heat was also discomforting. I was terrified as we landed and drove into the village.

For 2 weeks, I volunteered with an organization called, "A Hand in Health," specifically targeting dental care. It is a non-profit that is an extension of Crossroads Africa, which provides basic health care services throughout Africa. I worked

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# Gambia continued from Page 9

alongside 3 friends from the states, and 2 Gambian women, who with only 6 weeks of training were the main dentists in a 60 mile radius. They were 24 and 29, each with at least 2 children, and were 2 of the strongest women I have ever met.

Given the limited training and resources available to them, the dentists were only able to prescribe pain medication and to remove teeth. The only reason Gambians take care of their teeth is for social interaction, so their teeth don't smell bad. If their teeth become unbearably painful, that's when they go to have them removed. So, education is the primary goal of the Hand in Health component of the trip. On top of doing daily clinical work, we also helped to educate the community through educational outreach programs that targeted younger kids and helped teach

them the proper techniques of brushing your teeth. We drew pictographs on the walls of the clinic to help use as tutorials on how to take proper care of one's teeth.

One of the admirable qualities that I discovered about this culture is their ability to withstand intense pain. In Gambian culture, from an early age people are taught to not show pain. It is a very important aspect of survival within village life in the incredible climate there, where life and death are an everyday reality. In the dental unit, during tooth removal, often the roots would break off and still be in their gums, and a woman with only 6 weeks of training would dig and dig until all the pieces were out, but they did not show their pain. It reminded me a lot of my grandmother, who once told me a story of how Native American warriors had a tradition of masking pain, and

thus, overcoming it through meditative practices. It's very strange how Grandmother snuck into my life in the middle of Gambia, but she did. This aspect made me reflect on my own experiences of pain, both physically and emotionally, and the strength that these beautiful people showed within their vulnerability.

Another part of the clinic life that I thought was fascinating and demonstrative of Gambian communal attitudes and perspectives was that so many young mothers would come in with their newborns strapped to their back and when it was their turn for treatment, they would pass their children off to the nearest person. Even I was handed a child to rock to sleep many times. The baby would be passed from person to person, elderly and young, male and female. There was no division of parental responsibility, anyone and everyone seemed to accept

and embrace it. What a way to raise a child and what a way to support mothers. It's amazing how this aspect of Gambian culture goes against our accepted American understanding that it is women's responsibility to raise and care for children. It was also interesting that there wasn't an immediate threat of their children being taken away, succumbing to child molesters, or the child losing affection for their parent. There is an incredible trust that is given from person to person. Can you even imagine that from our social perspective? What it would be like to live in

a world where you gave every person you came into contact with your full trust with your most precious possession?

The greatest part of my trip was developing relationships within the community. They have a hard time remembering American names, so they give each guest a Gambian name. I was Landing Boyang. At first, I thought it was strange, but it became a powerful medium for me to experience

the village culture. Of course, I connected with the kids the most. Every day after work around 3:00 p.m., 40-50 kids would all come to where we were living and shout up to our balcony, Landing, LANDING, come down and play! I was so tired from working for 6 hours straight in the clinic, but I knew that it was a rare opportunity to spend time with the kids. So, I would go out and play and it was so amazing.

They may have been children and young adults, but I truly felt like I connected with them in so many ways that helped me to understand and appreciate what their lives are like. We had

some incredible conversations that were basic, but none the less profound. What is the meaning of love? How do you create peace in the world? What is the human experience? Why do you think you were born here and I was born there? It was fascinating to hear their answers and realize that there are core concepts that are shared across the world. It was incredible to be able to connect on such deep and human levels with people whom I had only known for a couple weeks. The deep connections easily transcend racism, poverty, hunger, age, and gender. It was funny, I would say that Gambian



culture is very open and "touchy feely." To be close and to express emotion are things that most Gambian men do without much thought. Men hold hands walking down the streets and sit in each other's arms, and there isn't a second thought to it. In essence, I was more myself there than I can be in the United States. Not that these qualities make me gay or have ever been attributed to my sexuality in the first place, but in American culture I am forced to suppress them for fear of reprisal. Appreciation and connection were able to be expressed, and I have never felt so loved and able to express love before.

The hardest part came in the end when the shocking reality of our differences was exposed. I knew I was leaving to go back to a country where I have so much more than they may ever have. I wouldn't have to use a tub of water and a cup to bathe myself anymore. I wouldn't have to fetch water every day and get as much as I could, because you never know if the solar panels will be working or not. I could come back to a place where I could eat as much as I wanted. I could come back to a place where heavy rain doesn't threaten the roof of my house. I could spend time in leisure, instead of

plowing the field and preparing the land every moment of the day, knowing that a food shortage would come. The most telling part of this was saying goodbye to all of the kids.

At the end, I got letters from many of the kids. Each telling me how thankful they were to have met me and build a relationship with me. They also told me about their lives, how hard it

was to afford things, like school uniforms, books, etc. Some of them went so far as to ask for support. I had one kid ask me for a book, just a book. It was so incredibly hard, because there is an immediate part of me that reacted with hurt and anger, I felt like they were taking advantage of my feelings and my friendship with them. Then there was the empathetic side to me that completely understood why they felt like they had to ask, and who could blame them? Instead of giving a few things to many people, I picked a kid that

Gambia continued on Page 20





# Olympic Gay Diver Matthew Mitcham Lands aussieBum Sponsorship

In the weeks that have followed the 2008 Beijing Olympic Games, sports fans through the LGBT community wondered whether or not gay Australian gold medalist Matthew Mitcham could land any national sponsors. According to a report on the Australian website SameSame.com.au, Mitcham may be ready to show his aussieBum.

SameSame.com.au reports that Mitcham, the only openly gay male of the Beijing Games, may soon become the latest model for aussieBum, an underwear and swimsuit company founded by Sean Ashby of Sydney back in 2001.

Ashby told the website that the iconic gay brand receives and estimated 1,000 orders a day and that the company thought highly of Mitcham—"an Australian who chose to believe in himself."

The news of Mitcham's news sponsorship comes in the wake an announcement that he would be signing on with Grand Slam International, a sports management company that represents fellow Aussie water dwellers Ian Thorpe and Leisel Jones.

David Flaskas, managing director of GSI, told SameSame.com.au, "Matthew is an outstanding young athlete whose performance in Beijing was breathtaking. He acted with great modesty and sportsmanship in light of his success and that has endeared him to all Australians."

Mitcham won the gold medal on the 10 meter platform during the Beijing Games. His gold medal victory made him the only non-Chinese athlete to take home a gold medal in a diving event.



# Fight heats up over California's Proposition 8

According to a new Field Poll, California voters are increasingly saying that they will vote against Proposition 8, a measure that would effectively overturn the California Supreme Court's historic decision earlier this year which paved the way for same sex marriage in the Golden State. In the new nonpartisan poll of likely voters, fifty-five percent of respondents said that they opposed a constitutional amendment that would reinstate a ban on same-sex marriages in the state of California.

While strong opposition remains primarily among religious groups, only 38% of voters polled expressed support for Proposition 8, with another 7% saying that they're still undecided.

The results of the poll represent good news for marriage equality advocates because as recently as July, voters were leaning in favor of the measure by a margin of 51 percent to 42 percent. Still the battle continues however as anti-marriage equality advocates, many of whom see Proposition 8 as a litmus taste for the rest of the nation, are pulling out all the stops to ensure that the amendment passes.

Recent published reports suggest that gay marriages foes are significantly outspending marriage equality advocates in what is becoming a very aggressive and hard fought battle. One such report even suggests that while forces opposing Proposition 8 had raised some \$10.8 million, their opponents had collected \$16.2 million to support the fight to deny gay and lesbian couples the right to marry. Meanwhile Mormon Church members have reportedly collected nearly \$5 million in individual contributions to press the case for the amendment's passage.

Openly gay ex-Mormon entrepreneur, Bruce Bastian, donated \$1 million to No. on 8 and actor Brad Pitt donated \$100,000, both of which effectively up the ante in the campaign to defeat the measure.

# Wife Swap continued from Page 7

you're reading right now. Plus, I find it appropriate to quote TV/movies/songs whenever I feel they're relevant, which is all the time. Sound like Molly Shannon's SNL character, Mary Katherine Gallagher? "My feelings would be best expressed in a monologue from the movie, 'Yentl,'... 'Papa, can you hear me?'"

Movie and TV quotes are interspersed in my everyday language. So, as a result, my fiancée has adapted into this mode of communication and we now communicate in movie quotes. Thanks to "Talladega Nights," we now sneak up on each other and whisper loudly, "Shake and bake!" to startle one another, usually in grocery stores or other highly public places. Then there's "the walk." I can't remember how it started, but we sometimes go into this special walk where we stand side by side and walk with an identical cadence and dorky, flowy movement. We also change words to songs and sing them out loud to each other; I stalk the mailman, she wears "britches," the list goes on.

You may be reaching for your phone right now to dial some sort of lesbian helpline, but there's no need. Underneath all of these crazy idiosyncrasies lie true care, concern, and love for one another.

After dissecting every facet of our relationship, I've re-realized what I've always known and what every swapped spouse usually realizes. The grass is not greener on the other side. Wait, I take that back. The grass is literally greener on the other side. Let's be honest, we have better things to do than to water the grass everyday. Really though, I love my home and everyone in it – even the herd of animals that squawk, bark, and hiss 24 hrs. a day.

I don't need to swap families with Sarah Palin to realize that when I come home each and every day, I'm coming home to my best friend. We love each other for who we are and we become something even more beautiful when we're together. We may just be the cutest couple in the entire world. God only knows; if Sarah Palin came to my house, Moose would turn into a stew.

Danielle Loparco is the Assistant Editor at Northwest Woman magazine and a recent Gonzaga University graduate. She welcomes any questions or comments at loparco.qview@gmail.com .

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# Affordable Treatment, with Dignity & Respect.

# Coming Out continued from Page 2

effects on our mental health from remaining in the closet. According to Dr. Laura Asbell, a Spokane psychologist, "We develop a self esteem that is socially validated. We use others as mirrors in learning who we are, becoming who we are. To get that sense of feeling validated we have to be exposed to some extent. We need to feel, at least with the people that are important to us, liked for us and respected for who we are. The costs of passing are just too great."

It is psychologically important for people to come out, because as Dr. Asbell stated, "Feeling authentic and accepted by others, feeling like part of the group is just critical. The more you feel part of the world, the better you feel. Being part of group is hardwired in to us." House added, "If you want to have a happy life, and I believe that desire is something we all share, you need to be authentic. You need to be able to be yourself."

When GLBTQ people come out it is important to be able to deal with the stigma of being queer. Asbell said, "You've got to be able to gauge your ability to put someone else's discrimination or bigotry in perspective and accept it as part of reality." Asbell continued, "Where are you on your path of being able to deal with that? There is a maturity issue in that. As we mature we are more able to not personalize other people's behavior, we become more grounded in ourselves, have a more solid sense of self and less need for social validation. It's a growth process."

For some GLBTQ people, the process of coming out is a relatively easy one, they don't experience any great difficulty in recognizing or accepting homosexual feelings. Others may "Coming out may be one of the most difficult tasks lesbian, gay, bi, and transgender people confront, but it is also one of the most rewarding."

-- Beth House, MSW

"The coming out process starts small, usually with people the GLBT person knows and trusts. With every new person added to that small circle of trusted people it is a new coming out process."

# -- Sharon O'Brien, MSW, LICSW

"You've got to be able to gauge your ability to put someone else's discrimination or bigotry in perspective and accept it as part of reality."

-- Laura Asbell, Ph.D.

struggle with great difficulty for a long time before they are able to affirm themselves as queer people, to say nothing of sharing that fact with those whom we love.

According to Sharon O'Brien, a Licensed Clinical Social Worker, "The coming out process starts small, usually with people the GLBT person knows and trusts. With every new person added to that small circle of trusted people it is a new coming out process. Sometimes, GLBT folk may decide to "pass" for safety reasons or because it is not an appropriate time or place to talk about something so personal. They also may decide to pass because they are not invested enough in the relationship to disclose something so personal. Coming out is a daily experience."

For most people there are steps that we take when coming out, others come out all at once. "It's like how long does it take you to jump into Lake Coeur d'Alene? Some people take an hour, others jump right in. It depends on how eager you are to be authentic, be real, and be accepted for who you are," Asbell, said. "It can be a reflection of who you are and the options you have and the security have in case it doesn't work out. There's also the personal factor. For people who've been hurt in their history more than other people, it's more painful."

Perhaps the most difficult part of coming out is revealing our sexual orientation to heterosexuals because it is then that we are most likely to encounter negative consequences. It is important to have support in case things don't go well. "Safety, being rejected by family/friends, going to Hell, losing a cultural connection or religious connection, being judged, having it impact your career, not being trusted around children, and of course as Mathew Shepard discovered, being killed by a homophobe," O'Brien stated, are concerns GLBTQ people may need to address when coming out.

It is often much more difficult

to be out at work than it is to be out in our social lives, since unlike our co-workers and bosses, we have the luxury to choose our friends. Dr. Asbell who recently held a seminar titled "Out in the Workplace" at WSU wants to encourage people to come out in the workplace, but to be smart about it. Asbell said, "You don't have to come out immediately. Once you start feeling comfortable in an organization and find people you respect and who are most open you can ask how they feel about (homosexuality) and how they feel others might react to it. Another thing you might do is just bit by bit be a little more open where people don't know or can't be sure (about your sexual orientation) and see how they handle the ambiguity. Depending on how the ambiguity is handled, you can be more and more open."

Asbell continued, "In our culture there are going to be costs. Research suggests that whatever minority we are, whatever stigma we have, that when people first get to know us, people are going to be aware of that stigma. However, after they get to know us, that stigma is pretty much going to disappear. In 80% of population, when you are around people, once they get to know the human being, the bigotry and the prejudice stop, but for about 20% of the population it gets worse."

"You have to be ready to gauge the situation in your workplace before making the decision to come out. Sometimes you may not be able to come out because it's literally not safe. If you need to support yourself financially and coming out may jeopardize your job, as wrong as that is, you may have to keep your sexuality private. But," House wants people to know, "you don't have to be miserable. There is support available" both within the LGBT community and from straight allies.

When asked about the coming out process for bisexuals and transgender individuals, as well as differences between how men and women experience coming out, O'Brien stated, "Again, everyone is different and certainly bisexuals have it difficult because they can be viewed with suspicion by both the GLBTQA community and the non-GLBTQA folks. Transgender individuals have more to discover about themselves and more to come to terms with, so the coming out process will be quite different. The process for men and women will also be quite different because most countries in the world are still quite patriarchal and gay males feel the impact of that in their coming out process."

People of color also often face additional challenges when coming out. In their book, Psychological Perspectives on Lesbian, Gay, and Bisexual Experiences, Garnets and Kimmel write, "Although coming out is anxiety provoking for most lesbians and gay men, lesbians and gay men of color may not presume acceptance into the dominant lesbian and gay community without continuing confrontations with racism. Generally their position between what appear to be two contradictory worlds can leave members of these groups at risk for feelings of isolation, alienation, and estrangement, and therefore at risk for greater psychological vulnerability." The coming out experience is as unique as the individual coming out.

Coming out is one way of affirming our dignity and the dignity of other GLBTQ people. We are not alone; there is a viable GLBTQ community waiting to be explored, and more heterosexual allies are willing to offer their support than any of us first imagined. In closing, Dr. Asbell said, "It is so delightful

when I see kids, 14 or 15 years old and they are transgender or gay and they are fine with it. It's wonderful! They may be entering a whole new world.' We all have the potential to make contributions if we refuse to allow the closet and the shame about being different rule our lives. We need to support one another in the ongoing process of coming out as we encounter the challenges along the way. So, Happy Coming Out Day. If you are out, keep on coming. If you aren't, be gentle with yourself, find support, learn about the process, and decide what is the right amount of out for you. As queer people, we deserve to be living fully, authentically, and peacefully in the world.

# **Contributors to this article:**



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Murphy & Susan August 2007

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# Murphy & Susan Profile of partnership & courage

Marlene "Murphy" Sullivan grew up in Montana and attended Whitworth University on a basketball scholarship before joining the Navy. After being stationed on the East Coast, Sullivan moved back to Spokane.

Susan Glass is a Spokane native. Murphy and Susan Glass met four years ago at a friend's house party, they ran into each other a couple more times and, "She

# By Joyce Crosby Photos by Steve Rodenbough

asked me out!" Murphy grins like a child who has just received a long awaited gift. "She asked me to listen to jazz with her at Ella's (Supper Club), but the date wasn't for 3 weeks,"

Murphy, a massage therapist, continued with a playful pout. "Then she called and asked me out for coffee. We both like jazz and we both love coffee. That was it!" Murphy's eyes sparkled. "Our first date was actually at the corn maze. Before we went out to coffee, she called me up and said she was going to the corn maze with friends and asked me to go. We found our way out of the corn maze and carved pumpkins together," Susan, a hair salon owner, added as she gazed lovingly at her partner.

*Murphy & Susan* continued on Page 21

"If I'm supposed to die of cancer I will. With God you are supposed to do your part. I do not have one ounce of fear. I'm not afraid of death."

-Murphy

"A battle, a war in your body is a negative thing. [rather] This is a river we are traveling down, a process we are going through."

-Susan



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# Log Cabin continued from Page 6

Instead of standing on principle, ambitious Log Cabin favorites -- such as Mitt Romney and Rudy Giuliani -- made crass conversions and bowed to anti-gay zealots that an earlier incarnation of John McCain called "agents of intolerance." We even had a sophisticated actor, Fred Thompson, who surely must socialize with gay people in Hollywood, act like he just fell off a turnip truck in overalls.

The truth is, Republican politicians who are pro-gay have no future in the GOP. If they did, former Massachusetts Gov. William Weld would have been a rising star. The most famous moderate -- Arnold Schwarzenegger -- has his presidential ambitions chastened by the U.S. Constitution, thus allowing him a degree of autonomy. However, those who want to be president will pander to the preachers.

The Log Cabin experiment to remake the GOP has faltered and they should consider closing shop. At times, it has been a noble project, particularly under the principled leadership of Patrick Guerriero, who refused to endorse Bush in 2004 after the president pushed for the Federal Marriage Amendment.

It is obvious, however, that this organization has outlived its usefulness and has been soundly defeated by much larger, wealthier and influential antigay forces. The party is now rotten to the core and thrives on homophobic bigotry, antiimmigrant sentiment, smallminded populism and foolishly mocking our foreign allies at the expense of our long-term national security (remember freedom fries?).

Exactly where does a gay Republican fit into this intolerant scenario?

Log Cabin's tragic endorsement of John McCain exhibits an obdurate denial of his antigay record and a stubborn unwillingness to admit that their one-time hero is now hopeless. McCain's VP choice, Sarah Palin, a favorite of the fundamentalist fringe, should have lead to a reevaluation, if not reversal of their endorsement. Like Palin, they didn't blink, and are shamefully in cahoots with destructive forces that would deny GLBT people the most basic rights.

The only chance for gay Republicans to be legitimate players in the GOP is to have the party suffer a string of



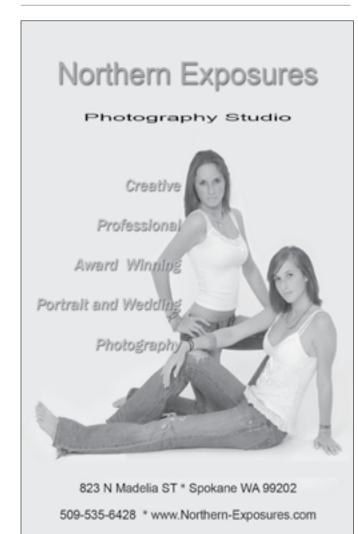
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www.qviewnorthwest.com

crushing losses. The defeats have to be so painful and substantial, that they lead to realignment, where the role of social conservatives is significantly diminished. Clearly, the Log Cabin Republicans can only save their party by helping to defeat it.

Both parties agree that this is the election of "change." Log Cabin can take the lead by changing its endorsement of McCain before they further harm the gay and lesbian community. Their suicidal tendency to help a party that despises them is the pink elephant in the room that needs to be discussed. If they can't reform the GOP -- and there is no evidence that they can -- it may be time to disband.

Wayne Besen is the Founding Executive Director of Truth Wins Out and author of "Anything But Straight: Unmasking the Scandals and Lies Behind the Ex-Gay Myth" (Haworth, 2003). He can be reached at www.truthwinsout.org.





# My memories of Africa

A group of young Muslim girls walking back from school through the village, singing beautiful African music.

An 8 year old child telling me about his oral hygiene habits, explaining that he couldn't use his tooth brush anymore because his younger brother had started using it, and the fear associated with the transmission of HIV from one person to the next. At the age of 8, he had to be able to comprehend this.

> Realizing in every moment of time there is pain and happiness, joy and suffering.

African thunderstorms lighting up the entire sky like it was a movie.

African sunsets.

Washing clothes with little Modu, aka Spider Man, and his grandmother

My friend, Landing, walking hand in hand with his friend down the dirt road of the village

All of the little kids taking care of me; from holding my things, to brushing sand off my arms that had accumulated throughout the day, and chasing after tennis balls that were hit far away. I was like, "Wow." One day I said, "No, let me do something for you. Let me wash your feet."

The bravery of the men, women, and children who had their teeth pulled out without flinching.

The incredible intellect of the homeless man begging for food while I was at the ATM in capital city, Banjul. I realized that everyone has intelligence and a capacity to develop to the greatest degree possible, and that people need to make the most of their lives.

The Catholic Church, sitting in the back and listening to the beautiful music of the African choir and celebrating the day of St. Peter.

The 72 year old man who came in and only had 2 teeth. He

The unedited version of this story can be found on Ryan Olson's blog located on his myspace webpage: www.myspace.com/soccermaximum15 and at Stonewall News located on the web at: www.stonewallnews.net

Gambia continued from Page 11

I connected with the most, and decided to give him a bag of just about everything that I had brought with me.

The great divide between what they had and what I had really became clear to me; just because they were born here and I was born there, our lives would be so incredibly different.

This experience taught me lessons that I will never be able to convey in their deepest sense. The greatest element I took away from living impoverished in an African Village is what it means to be in a community where all of your actions are in consideration of others and how they ultimately affect them. No, this was not the perfect community, but despite their extreme poverty; they have an abundance of love, affection, and togetherness that I have never experienced in all my travels around the world, including the smaller communities that I've been apart of.



Murphy & Susan continued from Page 17

The women fell in love within a couple of months and in less than a year, Murphy moved into share the beautiful home Susan has owned for 15 years.

Susan and Murphy were planning to take a trip to Las Vegas to celebrate Valentine's Day last year, when Murphy discovered a lump in her left breast.

Murphy had a sharp intermittent pain in her breast 7 months earlier and had undergone a mammogram. The results were negative. This is not unusual. According to the National Cancer Institute, overall, mammograms miss 20% of all breast cancers and more than 40% of breast cancers in pre-menopausal women.

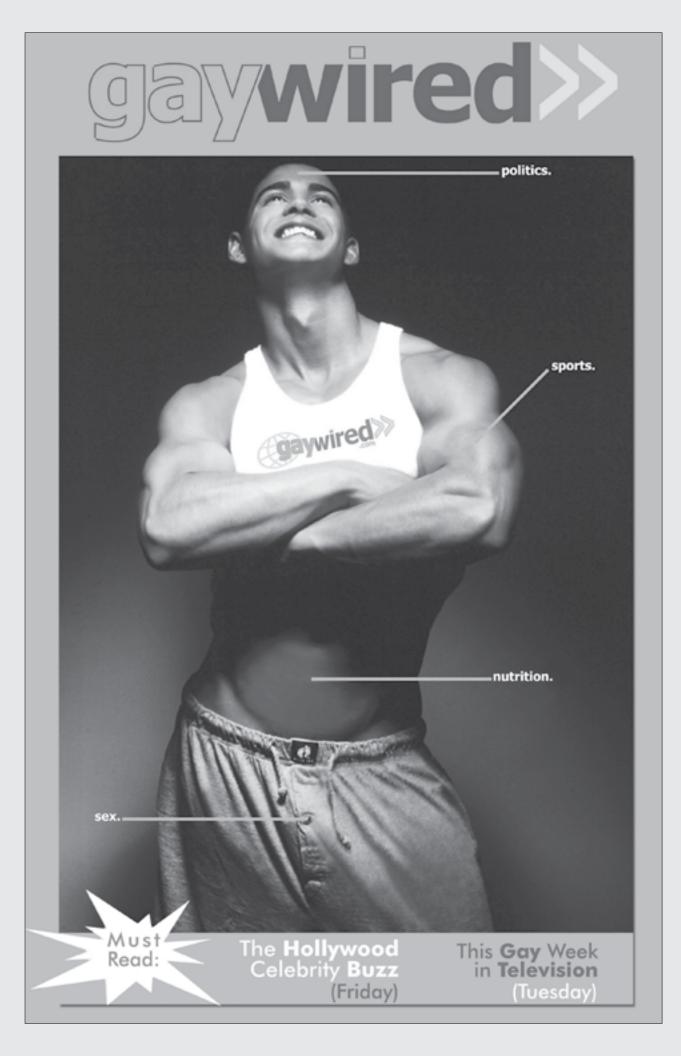
After discovering the lump, Murphy had a mammogram, ultrasound, and biopsy. Marlene "Murphy" Sullivan, 44, had stage III breast cancer. On February 13th, 2007, she had surgery to remove a walnut sized tumor, as well as the lymph nodes in her armpit; and 2 weeks later, had a complete mastectomy.

Murphy and Susan immediately hired naturopathic physician, Dr. Dana Myatt as Murphy's primary medical practitioner. "She takes the fear away and guesswork out of it," Murphy stated. Myatt prescribed a low carbohydrate diet that included herbs and essential oils. Murphy explained that once consumed, carbohydrates turn into sugar and cancer feeds off of sugar. So, the less carbohydrates eaten, the more difficult it is for cancer to grow. "I'm going to literally starve the cancer to death. That is how I'm going to stay alive," Murphy stated. "Dr. Myatt is fixing my entire body and making me whole holistically," Murphy added.

Murphy also underwent chemotherapy treatments every 3 weeks, starting in March with the last treatment on July 9th, 2007. "I decided to do chemo because if it comes back I want to have no regrets. It knocked me to my knees!" Sullivan continued, "I'm the type of person who lives for today, but from that first treatment on I was praying for July 9th." After each of Murphy's chemotherapy treatments, the duration and nature of the harrowing side effects was identical. "After 8 days I would wake up and I would be okay."

"I would lie in bed barely able to move and Susan would have to do everything. She was an amazing caregiver," Murphy said. "I should have got her a little French maid outfit," Murphy joked. Susan did my shopping, my cooking, my laundry, she even had to clean

*Murphy & Susan* continued on Page 23



# *Murphy & Susan* continued from Page 21

out my port," Murphy said, referring to a small device placed under the skin that empties into a blood vessel and makes it easier to give chemotherapy and to take blood for tests. "I don't know what I would have done without her. She did it all," Murphy continued. Looking at her partner with tenderness in her eyes, Susan stated, "I like being able to take care of her."

Murphy and Susan say the love and support shown to them by friends, family, and people at Unity Church where they both are in the choir have been incredible.

"People come by the house bringing food, fresh vegetables from their gardens, flowers, cards, and stuffed animals. They come to take care of me, but they come to take care of Susan, too. They offer to help with housework or anything else. It is amazing," Murphy stated. "And we both have very supportive families," Susan added.

Susan's parents live in Mead and Susan's mother is very close to Murphy. In fact, Susan has coined the term "showbiz glitz" to describe both her partner and her mother. Murphy explained, "That phrase 'showbiz glitz' comes from Susan's mom because her mom and I won't go anywhere without our makeup on! Basically, whenever I went out of the house, i.e., to the store, or to church, or to a friend's house I try to look my best, which is very hard to do without hair and eyelashes! I would add the extra makeup and jewelry no matter how lousy I was feeling."

In August 2007, Murphy had a complete hysterectomy. Because her particular type of breast cancer is estrogen related, doctors wanted her to take hormone suppressant drugs for 5 years. "In Europe, they generally do the hysterectomy rather than the hormone suppressor drugs because it is far better on the body," Murphy stated.

In keeping with her holistic approach, Murphy stated, "Why not alleviate the threat altogether rather than fighting it? The drugs have a huge myriad of harmful side effects, one being significant bone loss. However, in America, the medical industry is all about the all mighty dollar!"

Murphy said that in dealing with hospitals and medical personnel, "They work for me and I'm aware of it." Susan has been treated graciously and with respect at every turn. Doctors and nurses acknowledge Susan as Murphy's partner, keep her informed, and offer her the same dignity as any other significant other. They haven't encountered any overt homophobia or discrimination.

"I do not have one ounce of fear. I'm not afraid of death. Que sera sera. If I'm supposed to die of cancer, I will." Susan and Murphy don't refer to Murphy's illness as a battle with cancer. "A battle, a war in your body is a negative thing," Susan said. "This is a river we are traveling down, a process we are going through."

One important thing the couple has learned through this ordeal is that, "When someone is sick, you take care of them." Murphy and Susan are very supportive of one another, and like any couple share quiet moments together, sometimes laughing, sometimes crying, and that is okay. It is obvious to anyone that meets them that these women adore one another.

"I feel fabulous!" Murphy proclaims, a year after finishing chemotherapy. "It was hard to get my energy back up, so I bought a really nice bicycle. I use that to get my exercise, to get my stamina back, to get myself back to where I was before the whole chemo nightmare."

She is still working closely with her naturopath and reports that her health is great. Murphy is happy to be back at work fulltime. She met her goal of seeing 7 clients a day, which is what she was doing before her breast cancer diagnosis, while Susan stays busy running her successful hair salon.

The couple bought a beautiful home on Spokane's South Hill, a few blocks from the church where both women are active members. Murphy and Susan's life together is, in a word, "Fabulous!"



**Truth Wins OUT (TWO)** is a non-profit think tank and educational organization that counters right-wing disinformation campaigns, debunks the ex-gay myth, and provides accurate information about the lives of GLBT people.

# TWO's mission:

- Provide opposition research on the ex-gay industry
- Discredit right wing propaganda
- Educate America about the GLBT community

www.TruthWinsOut.org

# an interview with Name And Strain Str

Ryan Olson, 25, is an out gay activist and recent Gonzaga University graduate. As a leader, he has dedicated himself to creating a greater consciousness around social justice issues and strives to create a greater sense of community through compassion and understanding.

DL: What are your motivations, vision, and what do you think we can all do to make the world a better place - especially through your filter, being a young gay activist?

RO: I believe that we are all part of a community and while we have our individual rights and responsibilities to be ourselves and live our lives accordingly; we must recognize that we make up our community and acknowledge that our every action impacts the community of which we are a part. What I have learned from my own life experience is that love is the one device that is transcontinental. You can approach any situation within the world, whether it's talking to a blind man or showing a person who doesn't speak English pictures of your relatives back home. A warm smile, a kind gesture, a soothing voice, are things that all people, anywhere in the world can relate to and this is what I have been given in my life from my closest friends and family, to complete strangers who come along with a carefree prescription for life.

# DL: Do you feel those biases parallel your own experiences?

RO: It is a scary thing to love, to open your heart up, and to let people see the deeper sides of you and I think this fear is one of the greatest components to our failure to show it. Going to Africa for me, is similar to my work in activism because you have to overcome your fears in order to move towards something that you believe in with all of your heart; to love. Fear is what drives the racism that through the lens of our own conceptions of Africa, we have created, deriving an us vs. them approach, rather than viewing the entire continent as relative to ourselves. Love is the only way to be able to see the commonalities between us and them and to recognize that at the end of the day, what we ALL have in common is our humanity. Love is an action and therefore, everything is reciprocal. The children in Africa didn't only learn from me, but I learned from them. Life is about doing what you want, living life to the fullest, and becoming the greatest person that you can be. Being open and totally honest both with ourselves and each other in a loving and compassionate manner is the only way

Phot<mark>o</mark> by Megan Meyer

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to accomplish the community that we all deserve to be a part of. We shouldn't be afraid - just do it. Regardless of whether the fear is of ourselves or others; we cannot hold hate in our hearts, we should let things develop and grow.

# DL: What are the ways in which the African culture influenced you, relative to how you may want to implement certain features into your everyday life?

RO: The greatest difference that I noticed between Gambian culture and American culture is the sense of community that they have. When I spoke with the children, they would ask me about all of the great things that we have as Americans. I was always quick to point out just how fortunate they were to be able to lean on one another and to have a level of trust within their community that allows them to be together in a state of peace. People there can lean on one another in the sense that they are not burdens to each other, but distribute the communal needs equally and fairly. Living in a poverty stricken village, they are right with love for each other.

I also was amazed by the Gambians ability to overcome fear. They don't let things get them so down that they are eventually crippled by it. In many ways I relate this same kind of pain to that of our own community, in that many in the LGBT community have had to withstand deep pain and suffering within their lives and just live their lives. This is something both tragic and beautiful at the same time, that despite everything we can persevere, and it's something that gives me pride in those who can lead full lives within our community. It just goes to show that when we step back from all of these societal identities that lock us into separate camps, we can see that many have overcome their own form of pain, not only to survive, but to thrive.

# DL: Anything else you'd like to share about your experience?

RO: We often place each other in a corner of the world other than our own. We multiply our pain within our own lives and sometimes don't realize through our separation that others may in fact have ten times more pain. We must appreciate all people for who they are and where they are at in their lives. So, we ought to start placing people within our world, and opening ourselves up to seeing ourselves within a context that connects us to one another, rather than one that separates us.

# DL: Now that you've graduated from Gonzaga University, what is it you hope to do with your life?

RO: It's taken me six years to graduate and I feel so blessed to be given such an amazing education. I feel like I've learned a lot, not just through my incredible academic experience, but from the numerous opportunities I've had to help see the world through the light of love. Ultimately, I would love to become a leader within the LGBT community and the greater world promoting the same love and appreciation that I've learned through my



many life experiences from going to Africa and living in poverty to fighting for LGBT civil rights by demonstrating against the Don't Ask Don't Tell Policy or for Marriage Rights and Responsibilities. My greatest goal within that role would be to help as many people in our community learn to understand and respect each others lives and build a stronger foundation for our relationships to grow and develop. I want to be a leader, and I want to change the world. I know how, I am just not sure right now what medium that will be accomplished through. We're pleased to share non-profit events on this calendar of interest to the GLBTQA community. Think an event should be added? Drop us a line: mail@qviewnorthwest.com

# Featured events

**Every day in October** GLBT Icons Videos on The Center's website featuring a new GLBT icon every day. Visit: www.thelgbtcenter.org

4th Annual ISCS Voting

First monthly LGBTQ Family & Friends Potluck

5th Monthly LGBT & Friends Bowling

9th - 12th Annual ISCS Coronation

11th Annual National Coming Out Day

25th Annual Odyssey Masquerade Ball

**26th** From Salon to Saloon: An Evening of Classics, Jazz and Broadway - A Fall Into Pride Event

31st GLBTQA Halloween Dance

# **Pacific Inland Northwest**

# Calendar OCTOBER 2008

LGBT History Month, Breast Cancer Awareness Month

# This month in history...

**1952** Oct 15 - Members of the **Mattachine Society** meet and form One, Inc. to promote gay education and research.

1955 Oct 19 - Daughters of Bilitis founded.

**1968** Oct 6 - **Metropolitan Community Church** holds its first service. It is the first "gay" church.

1973 Oct 16 - The National Gay and Lesbian Task Force (NGLTF) is formed.

**1976** Oct 7 - **Elton John** comes out as bisexual in Rolling Stone magazine.

1985 Oct 2 - Rock Hudson dies of AIDS at age fifty-nine.

**1987** Oct 7 - **The U.S. Justice Department** issues a report which concludes, "homosexuals are probably the most frequent victims [of hate crimes]."

**1988** Oct 11 - **National Coming Out Day** was founded by Robert Eichberg and Jean O'Leary in celebration of the first gay march on Washington D.C. a year earlier.

1989 Oct 1 - In Denmark, the first state-sanctioned gay marriages take place.

**1992** Oct 17 - 400,000 people view the **Names Project AIDS Memorial Quilt** which (then) has over 20,000 panels covering 13 acres.

**1996** Oct 12 - More than 1.2 million people view the **Names Project AIDS Quilt** in Washington, D.C.

# What's going on this month in our area...

# <u>Mon 1</u>

Alcoholics Anonymous-LGBT 6:30pm – 8:30pm (weekly) At Bethany Presbyterian Church, 310 S Freya St, Spokane, WA

<u>Thur 2</u>

QueerSounds 6pm – 8pm (weekly) KYRS FM 92.3 or 89.9 Online at www.live365.com, search for KYRS Inland NW's only radio show dedicated to playing music by and for LGBTQ people. Music, interviews, community events. Hosted by DJ Irey and "bob".

# Sat 4

**ISCS Voting** Noon-Midnight At L.B.'s residence, 2106 W Riverside, Spokane, WA

**SNO-Saturday Night Out** - 5pm – 1am (weekly) MCC Diversity Pride Center (Gettman Hall), 2626 W Bruneau Pl, Kennewick, WA Alcohol-free environment, GLBTQI & S friendly, Kid friendly, couple & single friendly. \$2 donation at the door requested to help cover expenses. Movies, snacks, dancing, games, and people to meet.

# Potluck - LGBTQ Family and Friends

6pm – 8pm (monthly - first Sat of the month) Westminster Congregational UCC, 411 S Washington, Spokane, WA. Family-friendly non-alcoholic potluck to celebrate being with LGBTQA community. All are welcome. Sponsored by the Inland Northwest LGBT Center and the Westminster Congregational UCC. For more info: Westminster Congregational UCC 624-1366 or Inland Northwest LGBT Center 489-1914 www.thelgbtcenter.org

# Sun 5

Westminster Congregational UCC

8:30am – 9:30am Early Worship (weekly) 10:30am – 11:30am Traditional Worship (weekly) No matter who you are or where you are in your faith journey, all are welcome. Westminster is an Open & Affirming congregation in the United Church of Christ. Welcoming Christian worship service for all. Communion served weekly.

# Bowling! LGBT & Friends

10:30am – 12:30pm (monthly on 1st Sunday) North Bowl, 125 W. Sinto Ave. LGBT & Friends Northbowl Lanes Address: 125 W. Sinto Avenue \$10.00 covers 3 games, shoes and ball. No RSVP required but lanes are limited! Contact: www.inwgbl. org or Mark at 509 879-8747

**EMCC Worship** 5:00pm Worship (weekly) 301 S Freya (509) 838-0085 www.emccspokane.org

# <u>Tue 7</u>

# WSU GLBTA - Pullman

7pm – 8pm (weekly) The Center, Smith Gym, WSU Campus, Pullman, WA. Coordinates much of the social programming for the campus community such as BBQ's, camping trips, National Coming Out Day, and Homecoming parade

# OutSpokane Meeting

7:15pm – 9:00pm (bi-weekly) Robert H Cooke Building, 503 East 2nd Avenue. Open meeting for planning and coordinating Pride and Fall into Pride events.

# <u>Wed 8</u>

# **INBA** Luncheon

11:30am – 1:00pm (monthly) Interesting speakers every month. SpokAnimal/SCRAPS headlines the luncheon this month at Dempseys Brass Rail. Great opportunity to network with other business people in the area. http://www.inbaspokane.org/

# Vista Youth Center Board Meeting - Kennewick

5:30pm – 7:30pm Vista Youth Center, 2625 W Bruneau Pl, Ste E, Kennewick, WA`

Alcoholics Anonymous-LGBT 6:30pm – 8:30pm (weekly) At Bethany Presbyterian Church, 310 S Freya St, Spokane, WA

# <u>Thu 9</u>

QueerSounds 6pm – 8pm (weekly) KYRS FM 92.3 or 89.9 Online at www.live365.com, search for KYRS Inland NW's only radio show dedicated to playing music by and for LGBTQ people. Music, interviews, community events. Hosted by DJ Irey and "bob".

# ISCS Coronation 2008 - In Town Show & Awards Dinner

Dempsey's Brass Rail, West 909 First Avenue, Spokane Line Up 7:00/Show 8:00 pm Dinner: 6:30 pm Cost of Dinner - \$15.00/No Door Fee for Show

# <u>Fri 10</u>

# ISCS Coronation 2008 - Out of Town Show

Dempsey's Brass Rail Line Up 7:00 to 8:00 pm Show begins at 8:30 pm Fee: \$15.00

# <u>Sat 11</u>

# National COMING OUT Day

# ISCS Coronation 2008 - Hospitality

12 Noon to 3 PM Dempsey's Brass Rail

**ISCS Protocol** 12 Noon to 2 PM Only Dempsey's Brass Rail

# ISCS CORONATION

Red Lion Hotel at the Park Door 5:30 PM—Coronation 6:30 PM All seating \$30.00

**SNO-Saturday Night Out** - 5pm – 1am (weekly) MCC Diversity Pride Center (Gettman Hall), 2626 W Bruneau Pl, Kennewick, WA Alcohol-free environment, GLBTQI & S friendly, Kid friendly, couple & single friendly. S2 donation at the door requested to help cover expenses. Movies, snacks, dancing, games, and people to meet.

# <u>Sun 12</u>

# Westminster Congregational UCC

8:30am – 9:30am Early Worship (weekly) 10:30am – 11:30am Traditional Worship (weekly) No matter who you are or where you are in your faith journey, all are welcome. Westminster is an Open & Affirming congregation in the United Church of Christ. Welcoming Christian worship service for all. Communion served weekly.

## ISCS Coronation 2008 - Victory Brunch

Dempsey's Brass Rail Noon - \$15.00

**EMCC Worship** 5:00pm Worship (weekly) 301 S Freya (509) 838-0085 www.emccspokane.org

# <u>Mon 13</u>

# Inland NW LGBT Center Board Meeting

6pm – 8pm (monthly) Location TBA Meetings of the board of the Inland Northwest LGBT Center are open to the public. http://www.thelgbtcenter.org/

# <u>Tue 14</u>

# WSU GLBTA - Pullman

7pm – 8pm (weekly) The Center, Smith Gym, WSU Campus, Pullman, WA. Coordinates much of the social programming for the campus community such as BBQ's, camping trips, National Coming Out Day, and Homecoming parade

# <u>Wed 15</u>

Alcoholics Anonymous-LGBT 6:30pm – 8:30pm (weekly) At Bethany Presbyterian Church, 310 S Freya St, Spokane, WA

# <u>Thu 16</u>

QueerSounds 6pm – 8pm (weekly) KYRS FM 92.3 or 89.9 Online at www.live365.com, search for KYRS Inland NW's only radio show dedicated to playing music by and for LGBTQ people. Music, interviews, community events. Hosted by DJ Irey and "bob".

# <u>Sat 18</u>

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# <u>Sun 19</u>

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**EMCC Worship** 5:00pm Worship (weekly) 301 S Freya (509) 838-0085 www.emccspokane.org

# <u>Mon 20</u>

## Pride Foundation Inland NW Steering Committee Meeting

7:30pm – 8:30pm (monthly) Courtyard Office Center - Conference Room, 827 W 1st Ave, Spokane WA.

# <u>Tue 21</u>

# WSU GLBTA - Pullman

7pm – 8pm (weekly) The Center, Smith Gym, WSU Campus, Pullman, WA. Coordinates much of the social programming for the campus community such as BBQ's, camping trips, National Coming Out Day, and Homecoming parade

# **OutSpokane Meeting**

7:15pm – 9:00pm (bi-weekly) Robert H Cooke Building, 503 East 2nd Avenue. Open meeting for planning and coordinating Pride and Fall into Pride events.

# Wed 22

Alcoholics Anonymous-LCBT 6:30pm – 8:30pm (weekly) At Bethany Presbyterian Church, 310 S Freya St, Spokane, WA

# <u>Thu 23</u>

#### QueerSounds 6pm – 8pm (weekly) KYRS FM 92.3 or 89.9 Online at www.live365.com, search for KYRS Inland NW's only radio show dedicated to playing music by and for LGBTQ people. Music, interviews, community events. Hosted by DJ Irey and "bob".

# Sat 25

**SNO-Saturday Night Out** - 5pm – 1am (weekly) MCC Diversity Pride Center (Gettman Hall), 2626 W Bruneau PI, Kennewick, WA Alcohol-free environment, GLBTQI & S friendly, Kid friendly, couple & single friendly. \$2 donation at the door requested to help cover expenses. Movies, snacks, dancing, games, and people to meet.

# **Odyssey Masquerade Ball**

8pm – 12am At the Sapphire Room. Annual fund raiser costume party! Proceeds to benefit the Odyssey Youth Center. This event is 21 and over and will feature some ghoulish decorations, dancing, cocktails, silent and live auctions & costume contest! For more information www.odysseymasquerade.com or contact Jim Jones at jim.jones90@ comcast.net

# Sun 26

# Westminster Congregational UCC

8:30am – 9:30am Early Worship (weekly) 10:30am – 11:30am Traditional Worship (weekly) No matter who you are or where you are in your faith journey, all are welcome. Westminster is an Open & Affirming congregation in the United Church of Christ. Welcoming Christian worship service for all. Communion served weekly.

#### From Salon to Saloon: An Evening of Classics, Jazz and Broadway- A Fall Into Pride Event 5:00 pm at the Unitarian Universalist Church of Spokane

EMCC Worship 5:00pm Worship (weekly) 301 S Freya (509) 838-0085 www.emccspokane.org

# Tue 28

# WSU GLBTA - Pullman

7pm – 8pm (weekly) The Center, Smith Gym, WSU Campus, Pullman, WA. Coordinates much of the social programming for the campus community such as BBQ's, camping trips, National Coming Out Day, and Homecoming parade

Wed 29

Alcoholics Anonymous-LGBT 6:30pm – 8:30pm (weekly) At Bethany Presbyterian Church, 310 S Freya St, Spokane, WA

# <u>Thu 30</u>

QueerSounds 6pm – 8pm (weekly) KYRS FM 92.3 or 89.9 Online at www.live365.com, search for KYRS Inland NW's only radio show dedicated to playing music by and for LGBTQ people. Music, interviews, community events. Hosted by DJ Irey and "bob".

# **Tri-Cities PFLAG Meeting**

7pm – 9pm (monthly, last Thur of the month) Gettman Hall, 2625 W Bruneau Pl, Kennewick, WA www.tcpflag.org/

# <u>Fri 31</u>

**GLBTQA Halloween Dance** 8:00pm – 1:00am Prizes, drawings, and dancing. BYOB and a food item to share at the snack table. \$10 6116 North Market St. Fundraiser for the Emmanuel EMCC. More info: www.emccspokane.org.

# **Pacific Inland Northwest**

# Resources

#### **BiNet Spokane**

A social support group for bisexual men and women. Call: (509) 217-1271

# Eastern Washington University SAFE Students' Alliance for Equality

Weekly meetings for students, faculty and staff. Call: Kat Olson: (509) 359-4253 Web site: http://iceberg.ewu.edu/safe/safe.htm

# EMCC -

# **Emmanuel Metropolitan**

**Community Church** Christian church with outreach to the GLBT community. Call: (509) 838-0085

# **Friends of SAN**

Fundraising organization for people living with HIV/AIDS to improve the quality of their lives. Write: 1212 E. Front Ave. Spokane, WA 99202

# **Gay/Lesbian Info Line**

Call: (509) 489-2266 Immediate Crisis: (509) 838-4428

## **GLBT Book Group**

Discusses selected works at Auntie's Bookstore at 7 p.m. the first Wednesday each month. Call: Julie Smith: (509) 838-0206

# Gonzaga University GLBT Resource Center

For information and to contact resource organizations on the GU campus, September-May. HERO (Helping Educate Regarding Orientation) gaystraight alliance. SODA (Sexual Orientation Diversity Alliance) law school

support group. Direct line: Bryce: 323-5847

## **Hospice of Spokane**

Physical, emotional and spiritual care for the terminally ill and loved ones; bereavement support and HIV/AIDS counseling services. Call: (509) 456-0438

## ISCS -

# Imperial Sovereign Court of Spokane

Call: (509) 251-1242. Web site: www.iscspokane.com

## INBA -

# Inland Northwest Business Alliance

A Professional GLBTQ/Allied Business Alliance. Monthly luncheon meetings and annual community resource directory Write: PO Box 20163, Spokane, WA 99204

Voice mail: 509-455-3699

E-mail: info@inbaspokane.org

Web site: www.inbaspokane.org

# **Inland Northwest Equality**

A coalition of local individuals and organizations committed to progressing GLBT equality and justice. Call: Krista Benson: 838-7870 Web site: www.icehouse.net/pjals/issues/inwe.html

#### **Inland Northwest LGBT Center** Formerly Rainbow Regional Community

Center

Support services for LGBT community and individuals exploring their sexual orientation and/or gender identity. Web site: www.ithelgbtcenter.org

# Inland Northwest Men's Experience (IN MX) Formerly Lilac City Men's Project

IN MX is a funded program that uses the MPowerment Project model to build the gay and bi men's community through sponsored social events and activities. Spo-kane's MPowerment Project has been named the Inland Northwest Men's Experience and has been adapted to include the entire GLBTQ community for the large social events, and for men 18 to 29 for the smaller events and wellness groups.

Web site: www.itheinmx.com

# Integrity

Gay and lesbian Episcopalians meet monthly for com-munion and simple meal.

Call: Chuck: (509) 326-7707 or Ann: (509) 624-6671

Lilac City Men's Project Please see Inland Northwest Men's Project

# Lutheran Communtiy Services-

SafeT Response Center Call: (509) 747-8224 Crisis line (509) 624-7273

## Northwest Fair Housing Alliance

Private, nonprofit organization provides education, outreach and enforcement assistance for those who have experienced discrimination and the general public. Call: (509) 325-2665 or (800)-200-3247

## **Odyssey Youth Center**

Our mission is to work with lesbian, gay, bisexual, trans-gender and questioning youth and their allies to provide a safe place, education and advocacy to promote positive growth and self empowerment.

1121 S Perry, Spokane WA 99202 Call: (509) 325-3637 Web site: www.odysseyyouth.org

## OutSpokane

Committee organizes annual Pride march and celebration and other community events. Web site: www.OutSpokane.com

## Papillon

Social support group for the transgender community. Call: (509) 292-8852

# PFLAG - Spokane – Parents, Families & Friends of Lesbians and Gays

Support group for parents, family, friends and members of the GLBT community. Call: (509): 624-6671 Web site: www.pflagspokane.org

# PJALS -

#### Peace and Justice Action League of Spokane

Independent, membership organization building foundations for a just and nonviolent world. Call: (509) 838-7870

# **Planned Parenthood of**

**The Inland Northwest** HIV antibody testing and counseling. Call: Clinic for Appt.: (800) 788-9128 Administration: (509) 326-6292

## **Pride Foundation/Inland Northwest**

The Pride Foundation connects, inspires and strengthens the Pacific Northwest GLBTO community in pursuit of equality by awarding grants and scholarships and cultivating leaders. Call: Spokane office (509) 327-8377 or (888) 575-7717 E-mail: outreach@pridefoundation.org

Website: www.pridefoundation.org

# Rainbow Regional Community Center Please see Inland Northwest LGBT Center

#### **Ryan White CARE Consortium**

HIV care education and planning group. Call: Tarena Coleman: (509) 444-8200 E-mail: tcoleman@chas.org

# SAN -

Spokane AIDS Network Call: (509) 455-8993 or 1-888-353-2130 Web site: www.spokaneAIDSnetwork.org

# Spokane County Domestic Violence Consortium

A private, nonprofit organization with members from a variety of professions who have come together to end intimáte partner violence. Call: (509) 487-6783

# Spokane Falls Community College - The Alliance

GLBT and allies group to provide a safe space; to educate our community. Call: (509) 533-4507

# **Spokane Human Rights Commission**

Call: Equity Office: (509) 625-6263

## **Spokane Regional Health District**

Providing health services and referrals for the public. HIV testing. Call: (509) 324-1542 or 1-800-456-3236 Web site: www.spokanecounty.org/health

## **Stonewall News Northwest**

Flagship publication for the gay and lesbian community and the Inland Northwest. Web site: www.stonewallnews.net

## **Unitarian Universalist Church**

Gay, lesbian resource committee. Call: (509) 325-6383 Web site: www.uuchurchofspokane.org

## Westminster Congregational UCC

No matter who you are or where you are on life's journey, you ARE welcome here! An Open and Affirming Congregation of faith in downtown Spokane. Informal worship at 8:30am, traditional worship at 10:30am. Located at 411 S Washing-ton St. (corner of 4th and Washington) Call: 624-1366

## **Women and Friends**

Women-only activities and events in the Spokane area. Call: (509) 458-4709

# **IDAHO**

# **Idaho for Basic Rights**

Citizen action group to work for civil and legal equality on basis of sexual orientation. Call: (208) 343-7402

# NIAC – North Idaho AIDS Coalition

HIV/AIDS prevention, education and assistance for people infected with, affected by HIV. Call: (208) 665-1448 Web site: www.nicon.org/niac

**North Idaho College** Gay-Straight Alliance E-mail: BCHARDISON@icehouse.net

NIGMA

#### North Idaho Gay Men's Association

Creating community by providing real time social activities for gay men in the Moscow/Pullman area, visitors, and allies. E-mail: NIGMA@yahoogroups.com

#### **Panhandle Health District**

STD/HIV testing, condoms, and other methods of birth control, physical exams, shots, cancer screening, resource nurse voucher program, referrals to area resources and education. All services are confidential.

- Kootenai County Call: (208) 667-3481
- Boundary County Call: (208) 267-5558
- Shoshone County Call: (208) 786-7474
- Bonner County Call: (208) 263-5159
- Benewah County Call: (208) 245-4556 Web site: www2.stateid.us/phd1

#### **PFLAG - Sandpoint**

Support, education and advocacy group for Sandpoint gay people, parents, family and friends. Call: (208) 263-6699

## **Planned Parenthood of**

**The Inland Northwest** HIV antibody testing and counseling. Call: Clinic for Appt.: (800) 788-9128 Administration: (509) 326-6292

# LEWISTON/CLARKSTON

#### **PFLAG - Lewis-Clark**

Support, education and advocacy group for Lewis-Clark gay people, parents, family and friends. Meets in Lewiston Call: (509) 758-6437

#### MOSES LAKE

# AACW -Alternative Alliance of Central Washington

A social and support group to help bring together people in the GLBT community. Write: P.O. Box 1282, Moses Lake, WA 98837

# PULLMAN/MOSCOW

# Planned Parenthood of The Inland Northwest

HIV antibody testing and counseling. Call: Clinic for Appt.: (800) 788-9128 Administration: (509) 326-6292

#### **Washington State University** Gender Identity/Expression and Sexual Orientation Resource Center Call: Heidi Stanton (509)335-8841 E-mail: hstanton@wsu.edu

Web site: www.thecenter.wsu.edu

# Washington State University GLBA Student Group

Fun, fellowship and socializing. Call: (509) 335-6428 Web site: http://cubwsu.edu/GLBAP

#### **Out There**

Safer-sex information and supportive programs for young men who have sex with men. Call Melinda: (509) 335-6428

University of Idaho **Gay-Straight Alliance** 

Promoting a fabulous, positive and inclusive environ-ment for all people on campus and encouraging individual growth and understanding by developing outreach programs, improving visibility and recognition of queer issues and history. Call: (208) 885-2691

# **TRI-CITIES**

Benton-Franklin District Health Department Confidential and anonymous HIV testing, case management, educational and referral services. Call: (Pasco) (509) 547-9737, ext. 234 Confidential voice mail also.

#### **River of Life**

Metropolitan Community Church Christian church celebrating diversity and affirming GLBTQ people. Sunday services at 11:30 a.m. Call: (509) 542-8860

# Tri-Cities Chaplaincy/Tri-Cities CARES Columbia AIDS relief, education and support. Survivor support group and HIV/PWA support group. Call: (509) 783-7416

# WALLA WALLA

#### **Blue Mountain Heart to Heart**

AIDS prevention education, support and services. Call: (509) 529-4744

Toll Free: (888) 875-2233 (pin #4744) Spanish: (509) 529-2174

#### PFLAG - Walla Walla

Support, education and advocacy group for parents, family, friends and members of the GLBTQ community. Promoting the health and well-being of GLBTQ individu-als, their families and friends.

Call: (509) 529-5320 Write: 527 E. Oak Walla Walla, WA 99362-1248 E-mail: pflag\_walla2wash@hotmail.com Web site: www.wwpflag.0catch.com/

# Seventh-day Adventist Kinship

Call: (509) 525-0202

# **WENATCHEE**

SHINE

An organization that strives to eliminate all forms of prejudice and discrimination by promoting awareness, education, and self-empowerment through the use of the arts Call: (509) 860-7354 E-mail: shine\_org.@yahoo.com

# YAKIMA

PFLAG - Yakima/Yakima Valley Promotes the health and well-being of GLBT individuals, their families and friends. Call: (509) 576-9625

## **Rainbow Cathedral Metropolitan**

**Community Church** An MCC Seattle parish extension. Call: (509) 457-6454

# MONTANA

#### **Flathead Valley Alliance**

Northwest Montana information and referral services. Call: (406) 758-6707 Web site: www.flatheadvalleyalliance.org/index.html

#### Lesbian Avengers

A direct action group focused on issues vital to lesbian survival and visibility. Call: (406) 523-6608

#### **Our Montana Family**

Supporting Montana's GLBT parents and their children. E-mail: barbatpride@aol.com

#### **PFLAG Billings**

Meets monthly Sept. - May. Call: (406) 255-7609

#### PRIDE!

Statewide lesbigaytrans civil rights advocacy group. Call: (406) 442-9322 or, in Montana: (800) 610-9322

#### **PRIDE** Celebration

Group in charge of annual Montana June PRIDE celebrations. Call: (406) 442-9322

# Western Montana Gay & Lesbian

**Community Center** 127 North Higgins, Suite 202 Missoula, MT 59802 (406) 543-2224 E-mail: wmglcc@gaymontana.org Web: www.gaymontana.org/wmglcc

# WASHINGTON

#### **Bi MEN Group**

Bi and bi-curious men and gay men who enjoy and support bisexual men. Web site: www.egroups.com/group/bi-men-west

#### **Equal Rights Washington**

Fighting for lesbian, gay, bisexual and transgender equality Call: (206) 324-2570 Web site: www.equalrightswashington.org

#### **GLSEN Washington State**

The Gay, Lesbian and Straight Education Network E-mail: mail@glsenwa.org Web site: www.glsenwa.org

#### Legal Marriage Alliance

Working to achieve the right of same-sex couples to marry legally in Washington. Web site: www.lmaw.org

#### Lifelong AIDS Alliance

Providing support, prevention and advocacy for people with HIV/AIDS. Call: (206) 329-6923

#### **PositiveVoice Washington**

Advocates for programs and services needed by people with HIV. Offers self-advocacy training. Call: (888) 704-0099

#### **Pacific NW Gay Rodeo Association**

For people who enjoy the country & western lifestyle. <u>E-mail</u>: treasurer@PacificNWGRA.org Web site: www.pacificnwgra.org

#### Washington State GSA Network

The Washington State Gay-Straight Alliance Network is a youth-led organization created to help connect public and private GSA-based clubs and other community groups throughout Washington State. Call: (206) 330-2099 Web site: www.wagsa.org

# Q View Northwest can help you reach the sought after GLBTQA community Velcome to your Dream Market

# NATIONAL STATISTICS

Market	
Asian-American	
GLBT	
African-American	
Hispanic-American	

<u>'0</u>	pulation
2	Million
5	Million
66	Million
1	Million

Buying Power
\$344 Billion
\$485 Billion
\$688 Billion
\$653 Billion





Spokane 2006 Pride Parade

# • More than 50% are in committed doubleincome-no-kids (DINK) relationships.

• In 2002 gay & lesbian parents spent \$22 billion on their kids. That amount rose to \$28 billion the end of 2004.



77% switched brands to companies with a positive stance on GLBT issues.
74% said they were

LESS likely to buy from a company with a negative stance on GLBT issues.



Proud gay dad with his three daughters. Spokane 2005

# LOCAL READERS

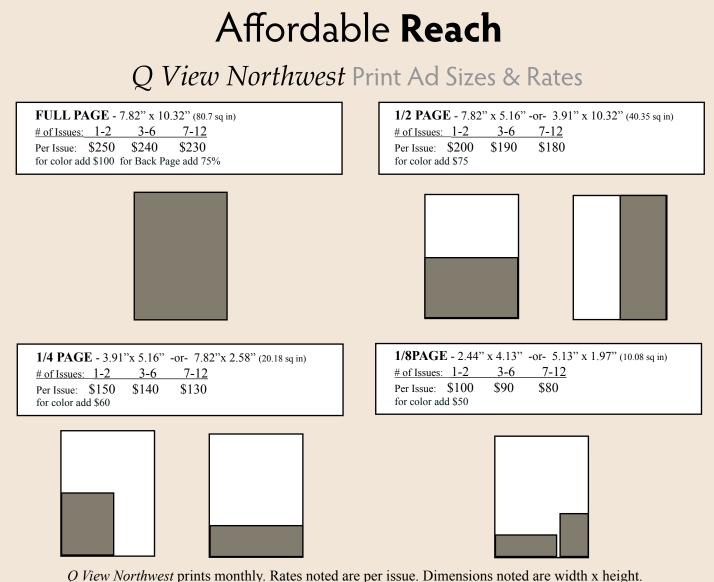
Average \$28,666 **\$32,333** \$19,111 \$15,926

LUCAL I	LAD	LIND	
Gender		Education Level	
Female	52%	High School	12%
Male	48%	Some College	25%
		Associates Degree	14%
Orientation		Bachelor's Degree	29%
Gay	35%	Master's Degree	13%
Lesbian	44%	Professional Cert'n	4%
Bisexual	10%		
Transgender	4%	Income Bracket	
Questioning	0%	\$0-10k	10%
Allied (Straight)	) 7%	\$10-20k	17%
		\$20-30k	20%
Age Bracket		\$30-40	18%
14-20	8%	\$40-50k	10%
21-30	10%	\$50k+	25%
31-40	26%		
41-50	34%	Number in Household	
51-60	18%	1 Person	34%
61+	4%	2 People	41%
		3 People	13%
		4 or more People	11%

*Q View Northwest* is respected and carried free of charge in locations throughout Spokane and the Pacific Inland Northwest. We effectively reach the regional coffee shops and living rooms of what the Wall Street Journal calls the Gay & Lesbian consumer "Dream Market."

Surveys found 46% of local GLBTQA readers held Bachelor's degrees, or higher. 35% earned over \$40k/ year. 56% are over 40 years of age. 7% are heterosexual. Statistics reflect a very sought after demographic represented by the Gay & Lesbian community. With \$485 billion in annual buying power, the Gay & Lesbian community represents the highest disposable income minority group in America. Yet, 72% of this community said they prefer to buy from companies that advertise in GLBT media. 77% switched brands to companies with a positive stance on GLBT issues. 74% said they were LESS likely to buy from a company with a negative stance on GLBT issues.

Join us in not only supporting diversity & equality – but also in supporting your bottom line. Q *View Northwest* advertising helps give you direct access to consumers with statistically proven higher disposable incomes and who are extremely loyal to advertisers reaching out to them.



10% Discount for non-profit organizations.

# We're Hiring Freelance Writers

*Q View Northwes*t is a monthly newsmagazine celebrating the diversity of our community in the form of articles, columns, features, profiles, and photos.

# Articles

Articles should exhibit a passion for sharing information in an uplifting, positive, and practical manner.

When we review manuscripts in compiling an issue, we consider many factors, such as the balance of perspectives, locations, and topics. You will be notified if your manuscript is selected for publication.

> Please visit www.qviewnorthwest.com for Writer's Fees and other information.

# **Examples Of What We're Looking For**

As Feature Pieces or Regular Columns

- Articles describing research-based solutions to current problems faced by those in the GLBTQ community.
- Opinion & humor pieces that interweave experiences, ideas, and reasoned debate on controversial subjects.
- Biographies and profiles of GLBTQA people, descriptions of amazing services, or products that serve to empower, educate, and inspire the GLBTQA community.
- Tips on becoming business savvy and financially wise from a gay or lesbian perspective.
- Health in the form of physical, emotional, and spiritual well-being presented in a manner that connects with our readership.
- GLBTQA authors, books, musicians, artists, and music for review.

# odyssev08 masquerade

# Saturday October 25th, 2008 8:00 PM to Midnight

Saphire Room 1003 E Trent Spokane, WA 99202 Plenty of free parking

> 21 & Over Live Auction

Silent Auction Costume Contest Upbeat Dance Music From dj bob Eclectic Mix of Appetizers Courtesy of Zola on Main Professional Photographer With Dramatic Stage Areas

DYSSEY Youth Contor A benefit for the Odyssey Youth Center

serving LGBTQA youth since 1992

Tickets \$50 509.325.3637 509.209.1607 Or Send check to: OYC Masquerade 1121 S Perry St Spokane, WA 99202

www.odysseymasquerade.com